



# Dental Referral List

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## Androscoggin County

Practice	Contact	Additional Information
<a href="#">Community Dental</a>	177 Main St., Lewiston, ME Monday–Friday: 7:00am–5:30pm (207) 777-7442	
<a href="#">Tooth Protectors</a>	21 Westminster Street, Lewiston, ME (207) 513-1111	Offering preventative care. Accepting MaineCare insurance, and most other insurances.

## Aroostook County

Practice	Contact	Additional Information
<a href="#"><u>Bolduc Avenue Health Center</u></a>	12 Bolduc Avenue, Fort Kent, ME Monday-Friday: 7:30am-5:00pm (207) 834-3012	
<a href="#"><u>Eagle Lake Health Center</u></a>	10 Carter Street, Eagle Lake, ME Monday-Thursday: 7:30am-5:00pm (207) 444.3012	
<a href="#"><u>Fort Fairfield Dental Center</u></a>	206 Main Street, Fort Fairfield, ME 207-473-7723	<b>Updated: 8/26/2024</b> Accepting MaineCare: Yes Comments: Offers sedation and tooth extraction for children ages 14 and older
<a href="#"><u>Madawaska Community Health Center</u></a>	309 Saint Thomas Street, Suite 213, Madawaska, ME Monday, Tuesday, Thursday, & Friday: 7:00am-5:00pm (207) 834-3012	
<a href="#"><u>Pines Health Services</u></a>	163 Van Buren Rd., Caribou, ME Monday-Friday: 7:30am-5:00pm (207) 498-1314	
<a href="#"><u>St Apollonia Dental Clinic</u></a>	122 Academy St., Presque Isle, ME Monday-Thursday: 7:30am-4:30pm (207) 554-5045	
<a href="#"><u>Holistic Dental Hygiene, LLC</u></a> Lucy Morin, <b>IPDH</b> Sasha Corriveau, <b>IPDH</b>	226 West Main St. Fort Kent, ME 207-473-1664	
<a href="#"><u>County Roots Children's Dentistry</u></a>	181 Academy St. Suite #4 Presque Isle, ME Monday-Thursday: 8:00am-4:00pm 207-462-4767	<b>Updated 12/11/2024</b> Accepting new patients: Yes Accepting MaineCare: Yes New patient wait time: About a month Comments: Not limited to Aroostook – accepting patients from across the state

## **Cumberland County**

Practice	Contact	Additional Information
<a href="#"><u>207 Pediatric Dentistry (Dirigo Pediatric Dentistry)</u></a>	701 US Route 1, Suite 3, Yarmouth, ME Monday-Thursday: 8:00am-4:00pm (207) 536-5835	
<a href="#"><u>Coastal Maine Pediatric Dentistry</u></a>	84 Baribeau Dr, Brunswick, ME Monday-Thursday: 8am-5:00pm (207) 607-4197	
<a href="#"><u>Community Dental</u></a>	190 Park Avenue Portland, ME Monday-Friday: 8:00am-4:30pm (207) 874-1028	

<a href="#"><u>DownEast Pediatric Dentistry</u></a>	888 Brighton Ave, Portland, ME Monday-Thursday: 7:30am-4:30pm (207) 772-4111	
<a href="#"><u>Falmouth Pediatric Dentistry</u></a>	6 Fundy Rd #200, Falmouth, ME Monday-Wednesday: 7:30am-4:00pm	
	Thursday: 7:30am-3:00pm (207) 781-2272	
<a href="#"><u>Greater Portland Health</u></a>	School based oral health center: At select Greater Portland Schools To make a children's oral health appointment, call: (207) 874-2141	<b>Updated: 11/28/2023</b> Accepting new patients: No Accepting MaineCare: Yes Accepting PCP referrals: Emergencies only New patient wait time: 4-6 months Comments: We accept new patients through the school program. They are referred to our dentist after a preventive visit at school.
<a href="#"><u>Just for Kids Pediatric Dentistry - Scarborough</u></a>	300 Technology Way, Scarborough, ME Monday-Wednesday, & Friday: 8:00am-5:00pm Thursday: 8:00am-4:00pm (207) 883-4203	
<a href="#"><u>Just for Kids Pediatric Dentistry - Windham</u></a>	4 D Commons Avenue, Windham, ME Monday-Wednesday, & Friday: 8:00am-5:00pm Thursday: 8:00am-4:00pm (207) 219-8602	
<a href="#"><u>Mainely Teeth at the Root Cellar</u></a>	94 Washington Ave Portland, ME Monday-Friday: 8:00am-6:00pm (207) 808-9498	
<a href="#"><u>Southern Maine Pediatric Dentistry</u></a>	1601 Congress St, Portland, ME Monday-Thursday: 8am- 4:40pm (207) 773-3111	<b>Updated: 11/9/2023</b> Accepting new patients: Yes Accepting MaineCare: Yes, but not at this time (wait list for new pt appt.) Accepting PCP referrals: Yes New patient wait time: 6 months – 1 year Comments: We are in network with Delta Dental. We are unable to obtain OR times for patients who need the OR for dental treatment due to the lack of dental block time.
<a href="#"><u>Bridgton Dental Hygiene Care, PA</u></a> Cathy Kasprak, RDH, IPDH	171-B Portland Rd., Bridgton, ME Monday: 10:00am-6:00pm Tuesday & Thursday: 9:00am-5:00pm Friday: 8:00am-2:00pm (207) 647-4125	

<b><u>Smile More Maine, PLLC</u></b> Tatyana O'Donnell, RDH, MSDH, <b>IPDH</b>	15 Piper Rd. Scarborough, ME 207-615-6571	
<b><u>A Lovely Smile</u></b> Lovely Barcebal Loveless, <b>IPDH</b>	88 State Street Unit 204 Gorham, ME Monday-Thursday: 9:00am-4:30pm <a href="mailto:hello@lovelysmile.com">hello@lovelysmile.com</a>	<b>Updated 3/10/25</b> Accepting New Patients, Accepting MaineCare
<b><u>Midcoast Dental Health LLC</u></b> Tiffany Tyler, <b>IPDH</b>	331 Maine Street Suite 24 Brunswick, ME (207) 504-4220	
<b><u>Tooth Studio and Wellness</u></b> Rytel Rowe, <b>IPDH</b>	82 Main Street Unit 1 Bridgton, Maine 04009 <a href="mailto:toothstudiomaine@gmail.com">toothstudiomaine@gmail.com</a>	
<b><u>Montshire Pediatric Dentistry</u></b>	193 Middle St, Portland, ME Monday-Thursday: 8:00am-4:30pm 207-324-0026	

## **Franklin County**

Practice	Contact	Additional Information
<b><u>Community Dental</u></b>	131 Franklin Health Commons #1, Farmington, ME Tuesday-Friday: 6:45am-4:30pm (207) 779-2659	
<b><u>Strong Area Health &amp; Dental Center</u></b>	177 North Main St., Strong, ME Monday-Wednesday: 6:45am 5:30pm Thursday: 6:45am-4:30pm (207) 684-3045	
<b><u>Maine Tiny Dental</u></b> Kellie DeSouza, <b>IPDH</b>	303 Kimball Pond Road New Sharon, ME Monday-Thursday: 7:00am-5:00pm (207) 500-0454	

## **Hancock County**

Practice	Contact	Additional Information
<b><u>Caring Hands of Maine</u></b>	72 Beechland Rd., Ellsworth, ME Monday-Thursday: 9:00am-4:00pm Friday: 9:00am-3:00pm (207) 667-6789	
<b><u>Bucksport Regional Health Center</u></b>	110 Broadway, Bucksport, ME Monday-Thursday: 7:30am - 5:00pm Friday: 8:00am - 5:00pm (207) 902-1100	
<b><u>Sweet Smiles Dental Hygiene</u></b> Stephanie Swett, RDH, <b>IPDH</b>	132 Bayside Rd., Ellsworth, ME (207) 412-0443	
<b><u>Fort View Dental</u></b> Derrik Robertson, RDH, <b>IPDH</b>	154 Main St., Bucksport, ME (207) 469-2912	

**Community Dental Center***Part of MDI Hospital*

4 Community Lane  
 Southwest Harbor, ME  
 Monday-Thursday: 8:00am-4:00pm  
 Friday: 8:00am-12:00pm

**Kennebec County**

Practice	Contact	Additional Information
<b><u>Augusta Pediatric Dentistry</u></b>	16 Industrial Dr., Augusta, ME Monday-Wednesday: 7:30am-3:30pm Thursday: 6:30am-2:30pm (207) 622-0303	
<b><u>Gentle Family Dentistry</u></b>	25 Stone St., Augusta, ME Monday-Thursday: 7:00am-4:00pm (207) 622-9210  334 Augusta Rd., Winslow, ME Monday-Thursday: 8:00am-5:00pm (207) 873-9600	
<b><u>Kennebec Valley Family Dentistry</u></b>	Ballard Center Suite 420, 6 E Chestnut St, Augusta, ME Monday-Thursday: 8:00am-5:00pm (207) 623-3400	
<b><u>Maine Dental Boutique</u></b>	168-C Maine St., Winthrop, ME (207) 930-0833	
<b><u>Waterville Community Dental Center</u></b>	2 Evergreen Dr., Oakland, ME Monday-Thursday: 7:30am-4:30pm (207) 861-5801	
<b><u>Wee Care Children's Dentistry</u></b>	8 Shuman Ave., Augusta, ME Monday-Thursday: 8:00am-3:00pm (207) 530-9939	

**Saulter Dental Hygiene Center**

Linda Saulter, RDH, IPDH  
 Pam Sargent, RDH, IPDH

81 Western Ave., Waterville, ME  
 Tuesday-Thursday: 8:00am-5:00pm  
 (207) 861-8080

**Simply Smiles**

Sherry Laliberte, IPDH

153 Academy Road  
 Monmouth, ME 04259  
 Tuesday-Thursday:  
 8:00am-4:00pm  
 (207) 754-2558

**Updated: 3/10/25**

Accepting new patients Maine Care and  
 Dental Dental

**Capital City Smiles and Wellness**

11 Middle Street #1 Augusta, ME  
 04330  
 207-560-9200

**Knox County**

Practice	Contact	Additional Information
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<a href="#"><u>Islands Community Medical Services</u></a>	15 Medical Center Loop, Vinalhaven, ME Wednesday: 10am-6pm Thursday: 8:30am - 3:30pm (207) 863-2533	
<a href="#"><u>Knox Dental Clinic</u></a>	1019 Commercial St., Rockport, ME (207) 301-6996	<b>Updated: 11/13/2023</b> Accepting new patients: Yes Accepting MaineCare: Yes, but not at this time (wait list for new pt appt.) Accepting PCP referrals: Yes New patient wait time: 1-3 months Comments: Seeing patients starting at age 3.
<a href="#"><u>Balanced Dental Hygiene</u></a> Kayla Myers-French, RDH, <b>IPDH</b>	68 Ben Paul Lane, Rockport, ME 04856 207-542-3079	

## Lincoln County

Practice	Contact	Additional Information
<a href="#"><u>Lincoln County Dental</u></a>	93 Churchill St., Wiscasset, ME (207) 386-6600	

## Oxford County

Practice	Contact	Additional Information
<a href="#"><u>Sacopee Valley Health Center</u></a>	70 Main St., Porter, ME Monday, Tuesday, & Wednesday: 8:00am–5:30pm Thursday: 9:00am–5:30pm (207) 625-2267	
<a href="#"><u>Brilliant Smiles Dental Hygiene</u></a> Tamsyn Young Frothingham, RDH, <b>IPDH</b>	79 Roller Rink Rd., Oxford, ME (207) 539-8188	
<a href="#"><u>Fryeburg Family Dental</u></a> Daniele West, <b>IPDH</b> Jennifer Davis, <b>IPDH</b>	19 Portland St., Fryeburg, ME Monday-Wednesday: 8:00am-6:00pm Thursday: 8:00am-4:30pm (207) 256-7606	<b>Updated: 8/21/25</b>  In Network with-Maine Care, Delta Dental, DentaQuest/NH Medicaid for adults 21+
<a href="#"><u>Main Street Dental Hygiene</u></a> Lisa Doherty, RDH, <b>IPDH</b>	131 Main St., Mexico, ME (207) 364-1480	

## Penobscot County

Practice	Contact	Additional Information
<a href="#"><u>Bangor Children's Dentistry</u></a>	1 Cumberland Place, Suite 116, Bangor, ME Monday-Thursday: 7:00am-3:00pm (207) 974-3018	
<a href="#"><u>Hometown Health Center</u></a>	29 Church St., Dexter, ME Monday-Thursday 7:00am – 5:30pm (207) 924-5200	
<a href="#"><u>Katahdin Pediatric Dentistry</u></a>	24 Penn Plaza, Bangor, ME Monday & Friday: 8:30am-3:00pm Tuesday-Thursday: 7:30am-3:00pm (207) 942-0593	
<a href="#"><u>Lincoln Family Dental</u></a>	9 Main St. Suite B, Lincoln, ME (207) 794-6700	
<a href="#"><u>Penobscot Community Dental Center</u></a>	1048 Union St., Bangor, ME Monday-Thursday: 7:30am - 5:00pm (207) 992-2152	<b>Updated: 11/9/2023</b> Accepting new patients: No Accepting MaineCare: Yes, but not at this time (waitlist for new pt appt.) Accepting PCP referrals: Emergencies only New patient wait time: 6 months – 1 year Comments: We will be accepting orthodontic referrals in 2024
<a href="#"><u>UMA Dental Hygiene Program</u></a>	201 Texas Ave., Bangor, ME (207) 262-7872	<b>Updated: 11/12/2023</b> Accepting PCP referrals: Yes New patient wait time: 1-3 months Comments: We are a dental hygiene clinic only and offer only hygiene services, including dental xrays, sealants and mouthguards.
<a href="#"><u>Figgins Dental Hygiene Care</u></a> Aleshia Figgins, RDH, <b>IPDH</b>	1460 Outer Hammond St., Chapel Hill Plaza, Bangor ME (207) 262-5760	
<a href="#"><u>Forever Smiles, LLC</u></a> Heather Sprague, RDH, <b>IPDH</b>	4 W. Coiley Rd., Old Town, ME (207) 478-0539	
<a href="#"><u>Heavenly Smiles</u></a> Fleshia Smith-Dow, RDH, <b>IPDH</b>	60 D Maine Rd., North Hampden, ME (207) 862-0035	
<a href="#"><u>Prevention Works</u></a> Alissa Wade, RDH, <b>IPDH</b>	1460 Hammond St., Bangor, ME (207) 907-2528	
<a href="#"><u>Smiles for Life, PA</u></a> Stormy Colbeth, RDH, <b>IPDH</b>	23 Spring St., Dexter, ME (207) 270-1454	
<a href="#"><u>Serene Dental Care</u></a> Ashley Connolly, <b>IPDH</b>	16 Grove Street., Bangor, ME (207) 299-3942 Monday: 10:00am-3:00pm Tuesday & Wednesday: 8:00am-	<b>Updated: 3/10/2025</b> Prioritizing children and teen appointments.

	4:00pm Thursday: 10:00am-3:00pm Friday: 8:00am-4:00pm	
<b><u>Holden Dental Hygiene</u></b> Katy Higgins, <b>IPDH</b>	113 Main Rd. Suite 4, Holden, ME (207) 843-3545 Open M-F by appointment only	Accepts MaineCare, Northeast Delta Dental

## Piscataquis County

Practice	Contact	Additional Information
<b><u>Dental Associates of Maine, LLC - On the Go Dental Pro</u></b> Katti Webb Simpson, RDH, <b>IPDH</b>	250 Summer St., Dover Foxcroft, ME (207) 564-0095	
<b><u>Mid Maine Dental Hygiene</u></b> Darcy Burgess RDH, <b>IPDH</b> Cheana Bavelaar RDH, <b>IPDH</b>	45 W Main St., Milo, ME 207-881-70969	<b>Updated 8/26/2024</b> Accepting MaineCare: Yes
<b><u>Rideout Preventative Dental</u></b> Ashley Rideout, <b>IPDH</b>	859 West Main St., Dover Foxcroft, ME (207) 270-1722	

## Sagadahoc County

Practice	Contact	Additional Information
<b><u>Jessie Albert Dental and Orthodontic Center</u></b>	171 Congress Ave., Bath, ME Monday-Thursday: 7:30 am - 4:00pm Friday: 8:00 am - 1:00 pm (207) 443-9721	
<b><u>Smile4ME</u></b> Jessica Alexander RDH, <b>IPDH</b>	66 Main St., Richmond, ME 207-737-9847	

## Somerset County

Practice	Contact	Additional Information
<b><u>Bingham Area Health &amp; Dental Center</u></b>	237 Main St., Bingham, ME Tuesday-Friday: 7:00am-5:00pm (207) 672-3519	
<b><u>Gentle Family Dentistry</u></b>	21 Old Point Ave, Madison, ME Monday-Thursday: 7:00am-4:00pm (207) 696-4681	
<b><u>Brookside Family Dental Care</u></b> Debra Sylvain, RDH, <b>IPDH</b>	17 Jones St., Madison, ME (207) 696-3910	
<b><u>Doody Riverside Dental Hygiene</u></b> Debora Doody, RDH, <b>IPDH</b>	272 Upper Main St., Fairfield, ME (207) 453-6171	
<b><u>Saulter Dental Hygiene Center</u></b> Linda Saulter, RDH, <b>IPDH</b> Pam Sargent, RDH, <b>IPDH</b>	3 Old Point Ave., Madison, ME Tuesday-Thursday: 8:00am-5:00pm (207) 861-8080	

## Waldo County

Practice	Contact	Additional Information
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**Searsmont Oral Wellness Center**  
 Pamela Sargent, RDH, IPDH

207 Main St. N., Searsmont, ME  
 (207) 930-9020

## **Washington County**

Practice	Contact	Additional Information
<b><u>Eastport Healthcare</u></b>	30 Boynton St., Eastport, ME Monday-Friday 7:00am - 5:30 p.m. (207) 853-0171	<b>Updated: 12/04/23</b> Accepting new patients: Yes Accepting MaineCare: Yes Accepting PCP referrals: Yes New patient wait time: 1-3 months
<b><u>Harrington Family Health Center</u></b>	50 East Main St., Harrington, ME Monday, Tuesday, Wednesday, Friday: 7:30am-5:00pm Thursday: 7:30am-8:00pm (207) 483-4502	<b>Updated: 11/09/2023</b> Accepting new patients: No Accepting MaineCare: Yes, but not at this time (waitlist for new pt appt.) Accepting PCP referrals: Emergencies only New patient wait time: 6 months – 1 year
<b><u>Regional Medical Center at Lubec</u></b>	43 South Lubec Rd., Lubec, ME Monday-Thursday: 7:30am-5:00pm (207) 733-5541	
<b><u>Rowland B. French Medical Center</u></b>	30 Boynton St., Eastport, ME Monday-Friday 7:00am-5:30pm (207) 853-6001	
<b><u>St Croix Regional Family Health Center</u></b>	136 Mill St., Princeton, ME Monday & Wednesday: 8:30am- 5:00pm Tuesday & Thursday: 8:30-7:00pm Friday: 8:30am-11:30am (207) 796-5503	
<b><u>Prevention is Key - Dental Hygiene Services</u></b> Kayla Beal, RDH, IPDH	19 Main St., Milbridge, ME Monday - Tuesday 7:30am - 5:00pm Thursday - Friday 7:30am - 5:00pm (207) 598-6195	
<b><u>Sunrise Opportunities – Dental Program</u></b>	90 Main St., Machias, ME (207) 255-3254	

## **York County**

Practice	Contact	Additional Information
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<a href="#"><u>Children's Dentistry of Maine</u></a>	3 Eastview Parkway #2 Saco, ME Tuesday-Thursday 8:00am - 4:30pm Friday 8:00 AM -4:00 PM (207) 815-2050	
<a href="#"><u>Community Dental</u></a>	57 Barra Road, Suite 3 Biddeford, ME Mon– Fri: 8:00am–4:30pm (207) 282-1305	
<a href="#"><u>Montshire Pediatric Dentistry</u></a>	995 Main St., Sanford, ME Monday-Friday 8:00am-4:30pm 207-324-0026	<b>Updated: 08/08/24</b> Accepting new patients: Yes Accepting MaineCare: Yes Accepting PCP referrals: Yes New patient wait time: 1 day!
<a href="#"><u>Nasson Health Care</u></a>	15 Oak St., Springvale, ME Monday & Wednesday: 8:00am- 6:00pm Tuesday: 8:00am-7:00pm Thursday: 9:00am-6:00pm Friday: 8:00am-5:00pm (207) 490-6900	
<a href="#"><u>Village Smiles, LLC</u></a>	26 Main St., Limerick, ME Tuesday-Friday: 7:00am-4:00pm Saturday: 8:00am-12:00pm (207) 793-8881	
<a href="#"><u>York County Pediatric Dentistry</u></a>	1750 Post Rd., Wells, ME Monday, Wednesday, Thursday: 8:30am-5:00pm Tuesday: 8:30am-4:00pm (207) 985-2800	<b>Updated: 11/13/2023</b> Accepting new patients: Yes Accepting MaineCare patients: Yes, see comments New patient wait time: 1-3 months Comments: Accepting MaineCare referrals from primary care providers only.
<a href="#"><u>Hygiene Health</u></a> Susanne Kuehl, RDH, IPDH	90 Haley Rd., Kittery, ME (207) 752-2968	
<a href="#"><u>Your Mobile Home Dental Hygienist</u></a> Lynn Peters, RDH, IPDH	245 Hubbard Rd., Berwick, ME (207) 698-4615	

## Other Programs

### **Lewiston:**

UMA Dental Hygiene Program Lewiston Center, 207-753-6600

Services offered: Dental cleanings, fluoride application, x-rays, dental sealants, dietary assessments, cavity risk assessments.

*Appointments are schedule for 3 hours as this is a leaning institution and limited slots are available.*

Transportation: There is a city link bus stop located at the UMA Center.

