



Dental Referral List

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Androscoggin County

Practice	Contact	Additional Information
<u>Community Dental</u>	177 Main St., Lewiston, ME Monday–Friday: 7:00am–5:30pm (207) 777-7442	
<u>CCS - Dental Services</u>	60 Second St., Auburn, ME Monday-Friday: 8:00am-5:00pm (207) 755-3456	

Aroostook County

Practice	Contact	Additional Information
<u>Eagle Lake Health Center</u>	10 Carter Street, Eagle Lake, ME Monday-Thursday: 7:30am-5:00pm (207) 444.3012	
<u>Bolduc Avenue Health Center</u>	12 Bolduc Avenue, Fort Kent, ME Monday-Friday: 7:30am-5:00pm (207) 834-3012	
<u>Madawaska Community Health Center</u>	309 Saint Thomas Street, Suite 213, Madawaska, ME Monday, Tuesday, Thursday, & Friday: 7:00am-5:00pm (207) 834-3012	
<u>Pines Health Services</u>	163 Van Buren Rd., Caribou, ME Monday-Friday: 7:30am-5:00pm (207) 498-1314	
<u>St Apollonia Dental Clinic</u>	122 Academy St., Presque Isle, ME	

	Monday-Thursday: 7:30am-4:30pm (207) 554-5045	
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Cumberland County

Practice	Contact	Additional Information
<u>Coastal Maine Pediatric Dentistry</u>	84 Baribeau Dr, Brunswick, ME Monday-Thursday: 8am-5:00pm (207) 607-4197	
<u>Falmouth Pediatric Dentistry</u>	6 Fundy Rd #200, Falmouth, ME Monday-Wednesday: 7:30am-4:00pm Thursday: 7:30am-3:00pm (207) 781-2272	
<u>Southern Maine Pediatric Dentistry</u>	1601 Congress St, Portland, ME Monday-Thursday: 8am- 4:40pm (207) 773-3111	Updated: 11/9/2023 Accepting new patients: Yes Accepting MaineCare: Yes, but not at this time (wait list for new pt appt.) Accepting PCP referrals: Yes New patient wait time: 6 months – 1 year Comments: We are in network with Delta Dental. We are unable to obtain OR times for patients who need the OR for dental treatment due to the lack of dental block time.
<u>DownEast Pediatric Dentistry</u>	888 Brighton Avenue, Portland, ME Monday-Thursday: 7:30am-4:30pm (207) 772-4111	

<p><u>Just for Kids Pediatric Dentistry - Scarborough</u></p>	<p>300 Technology Way, Scarborough, ME</p> <p>Monday-Wednesday, & Friday: 8:00am-5:00pm</p> <p>Thursday: 8:00am-4:00pm</p> <p>(207) 883-4203</p>	
<p><u>Just for Kids Pediatric Dentistry - Windham</u></p>	<p>4 D Commons Avenue, Windham, ME</p> <p>Monday-Wednesday, & Friday: 8:00am-5:00pm</p> <p>Thursday: 8:00am-4:00pm</p> <p>(207) 219-8602</p>	
<p><u>207 Pediatric Dentistry (Dirigo Pediatric Dentistry)</u></p>	<p>701 US Route 1, Suite 3, Yarmouth, ME</p> <p>Monday-Thursday: 8:00am-4:00pm</p> <p>(207) 536-5835</p>	
<p><u>Mainely Teeth at the Root Cellar</u></p>	<p>94 Washington Ave Portland, ME</p> <p>Monday-Friday: 8:00am-6:00pm</p> <p>(207) 808-9498</p>	
<p><u>Community Dental</u></p>	<p>190 Park Avenue Portland, ME</p> <p>Monday-Friday: 8:00am-4:30pm</p> <p>(207) 874-1028</p>	

<p><u>Greater Portland Health</u></p>	<p>School based oral health center: At select Greater Portland Schools</p> <p>To make a children's oral health appointment, call: (207) 874-2141</p>	<p>Updated: 11/28/2023</p> <p>Accepting new patients: No</p> <p>Accepting MaineCare: Yes</p> <p>Accepting PCP referrals: Emergencies only</p> <p>New patient wait time: 4-6 months</p> <p>Comments: We accept new patients through the school program. They are referred to our dentist after a preventive visit at school.</p>
<p><u>Bridgton Dental Hygiene Care, PA</u></p> <p>Cathy Kasprak, RDH, IPDH</p>	<p>171-B Portland Rd., Bridgton, ME</p> <p>Monday: 10:00am-6:00pm</p> <p>Tuesday & Thursday: 9:00am-5:00pm</p> <p>Friday: 8:00am-2:00pm</p> <p>(207) 647-4125</p>	

Franklin County

Practice	Contact	Additional Information
<p><u>Community Dental</u></p>	<p>131 Franklin Health Commons #1, Farmington, ME</p> <p>Tuesday-Friday: 6:45am-4:30pm</p> <p>(207) 779-2659</p>	
<p><u>Strong Area Health & Dental Center</u></p>	<p>177 North Main St., Strong, ME</p> <p>Monday-Wednesday: 6:45am-5:30pm</p> <p>Thursday: 6:45am-4:30pm</p> <p>(207) 684-3045</p>	

Hancock County

Practice	Contact	Additional Information
<u>Caring Hands of Maine</u>	72 Beechland Rd., Ellsworth, ME Monday-Thursday: 9:00am-4:00pm Friday: 9:00am-3:00pm (207) 667-6789	
<u>Bucksport Regional Health Center</u>	110 Broadway, Bucksport, ME Monday-Thursday: 7:30am - 5:00pm Friday: 8:00am - 5:00pm (207) 902-1100	
<u>Sweet Smiles Dental Hygiene</u> Stephanie Swett, RDH, IPDH	132 Bayside Rd., Ellsworth, ME (207) 412-0443	
<u>Fort View Dental</u> Derrick Robertson, RDH, IPDH	154 Main St., Bucksport, ME (207) 469-2912	

Kennebec County

Practice	Contact	Additional Information
<u>Augusta Pediatric Dentistry</u>	16 Industrial Dr, Augusta, ME 04330 Monday-Wednesday: 7:30am-4:30pm Thursday: 7:00am-2:00pm (207) 622-0303	
<u>Wee Care Children's Dentistry</u>	8 Shuman Avenue, Augusta, ME 04330 Monday-Thursday: 8:00am-3:00pm (207) 530-9939	

<u>Kennebec Valley Family Dentistry</u>	Ballard Center Suite 420, 6 E Chestnut St, Augusta, ME 04330 Monday-Thursday: 8:00am-5:00pm (207) 623-3400	
<u>Waterville Community Dental Center</u>	2 Evergreen Dr., Oakland, ME 04963 Monday-Thursday: 7:30am-4:30pm (207) 861-5801	
<u>Saulter Dental Hygiene Center</u>	81 Western Ave., Waterville, ME Tuesday-Thursday: 8:00am-5:00pm (207) 861-8080	
<u>Maine Dental Boutique</u>	168-C Maine St, Winthrop, ME (207) 930-0833	

Knox County

Practice	Contact	Additional Information
<u>Islands Community Medical Services</u>	15 Medical Center Loop, Vinalhaven, ME Wednesday: 10am-6pm Thursday: 8:30am - 3:30pm (207) 863-2533	
<u>Knox Dental Clinic</u>	1019 Commercial St., Rockport, ME (207) 301-6996	Updated: 11/13/2023 Accepting new patients: Yes Accepting MaineCare: Yes, but not at this time (wait list for new pt appt.) Accepting PCP referrals: Yes New patient wait time: 1-3 months Comments: Seeing patients starting at age 3.

Lincoln County

Practice	Contact	Additional Information
<u>Lincoln County Dental</u>	93 Churchill St., Wiscasset, ME (207) 386-6600	

Oxford County

Practice	Contact	Additional Information
<u>Sacopee Valley Health Center</u>	70 Main St., Porter, ME Monday, Tuesday, & Wednesday: 8:00am–5:30pm Thursday: 9:00am–5:30pm (207) 625-2267	
<u>Main Street Dental Hygiene</u> Lisa Doherty, RDH, IPDH	131 Main Street, Mexico, ME (207) 364-1480	
<u>Brilliant Smiles Dental Hygiene</u> Tamsyn Young Frothingham, RDH, IPDH	79 Roller Rink Rd., Oxford, ME (207) 539-8188	
<u>Fryeburg Family Dental</u> Bernadette Kozak, RDH, IPDH	19 Portland St, Fryeburg, ME Monday-Wednesday: 8:00am-6:00pm Thursday: 8:00am-4:30pm (207) 256-7606	

Penobscot County

Practice	Contact	Additional Information
<u>Katahdin Pediatric Dentistry</u>	24 Penn Plaza, Bangor, ME Monday & Friday: 8:30am-3:00pm	

	Tuesday-Thursday: 7:30am-3:00pm (207) 942-0593	
<u>Bangor Children's Dentistry</u>	1 Cumberland Place, Suite 116, Bangor, ME Monday-Thursday: 7:00am-3:00pm (207) 974-3018	
<u>Lincoln Family Dental</u>	9 Main St. Suite B, Lincoln, ME (207) 794-6700	
<u>Hometown Health Center</u>	29 Church St., Dexter, ME Monday-Thursday 7:00am – 5:30pm (207) 924-5200	
<u>Penobscot Community Dental Center</u>	1048 Union St., Bangor, ME Monday-Thursday: 7:30am - 5:00pm (207) 992-2152	Updated: 11/9/2023 Accepting new patients: No Accepting MaineCare: Yes, but not at this time (waitlist for new pt appt.) Accepting PCP referrals: Emergencies only New patient wait time: 6 months – 1 year Comments: We will be accepting orthodontic referrals in 2024
<u>UMA Dental Hygiene Program</u>	201 Texas Ave., Bangor, ME (207) 262-7872	Updated: 11/12/2023 Accepting PCP referrals: Yes New patient wait time: 1-3 months Comments: We are a dental hygiene clinic only and offer only hygiene services, including dental xrays, sealants and mouthguards.

<u>Smiles for Life, PA</u> Stormy Colbeth, RDH, IPDH	23 Spring St., Dexter, ME (207) 270-1454	
<u>Prevention Works</u> Alissa Wade, RDH, IPDH	1460 Hammond St., Bangor, ME (207) 907-2528	
<u>Figgins Dental Hygiene Care</u> Aleshia Figgins, RDH, IPDH	1460 Outer Hammond St., Chapel Hill Plaza, Bangor ME (207) 262-5760	
<u>Forever Smiles, LLC</u> Heather Sprague, RDH, IPDH	4 W. Coiley Rd., Old Town, ME (207) 478-0539	
<u>Heavenly Smiles</u> Fleshia Smith-Dow, RDH, IPDH	60 D Maine Rd., North Hampden, ME (207) 862-0035	

Piscataquis County

Practice	Contact	Additional Information
<u>Dental Associates of Maine, LLC - On the Go Dental Pro</u> Katti Webb Simpson, RDH, IPDH	250 Summer St., Dover Foxcroft, ME (207) 564-0095	
<u>West Main Wellness</u> Ashley Rideout, IPDH	859 West Main St., Dover Foxcroft, ME (207) 270-1722	

Sagadahoc County

Practice	Contact	Additional Information
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<u>Jessie Albert Dental and Orthodontic Center</u>	171 Congress Ave., Bath, ME Monday-Thursday: 7:30 am - 4:00pm Friday: 8:00 am - 1:00 pm (207) 443-9721	
<u>Smile4ME</u> Jessica Alexander RDH, IPDH	66 Main St., Richmond, ME 207-737-9847	

Somerset County

Practice	Contact	Additional Information
<u>Bingham Area Health & Dental Center</u>	237 Main St., Bingham, ME Tuesday-Friday: 7:00am-5:00pm (207) 672-3519	
<u>Doody Riverside Dental Hygiene</u>	272 Upper Main St., Fairfield, ME (207) 453-6171	
<u>Brookside Family Dental Care</u> Debra Sylvain, RDH, IPDH	17 Jones St., Madison, ME (207) 696-3910	
<u>Saulter Dental Hygiene Center</u>	3 Old Point Ave., Madison, ME Tuesday-Thursday: 8:00am-5:00pm (207) 861-8080	

Waldo County

Practice	Contact	Additional Information
<u>Searsmont Oral Wellness Center</u> Pamela Sargent, RDH, IPDH, BS	207 Main St. N., Searsmont, ME (207) 930-9020	

Washington County

Practice	Contact	Additional Information
<u>Rowland B. French Medical Center</u>	30 Boynton Street, Eastport, ME Monday-Friday 7:00am-5:30pm (207) 853-6001	
<u>Harrington Family Health Center</u>	50 East Main St., Harrington, ME Monday, Tuesday, Wednesday, Friday: 7:30am-5:00pm Thursday: 7:30am-8:00pm (207) 483-4502	Updated: 11/09/2023 Accepting new patients: No Accepting MaineCare: Yes, but not at this time (waitlist for new pt appt.) Accepting PCP referrals: Emergencies only New patient wait time: 6 months – 1 year
<u>Regional Medical Center at Lubec</u>	43 South Lubec Rd., Lubec, ME Monday-Thursday: 7:30am-5:00pm (207) 733-5541	
<u>St Croix Regional Family Health Center</u>	136 Mill St., Princeton, ME Monday & Wednesday: 8:30am- 5:00pm Tuesday & Thursday: 8:30-7:00pm Friday: 8:30am-11:30am (207) 796-5503	
<u>Prevention is Key - Dental Hygiene Services</u> Kayla Beal, RDH, IPDH	19 Main St., Milbridge, ME Monday- Tuesday 7:30am- 5:00pm Thursday- Friday 7:30am- 5:00pm (207) 598-6195	
<u>Eastport Healthcare</u>	30 Boynton St., Eastport, ME Monday-Friday 7:00am- 5:30 p.m. (207) 853-0171	Updated: 12/04/23 Accepting new patients: Yes Accepting MaineCare: Yes Accepting PCP referrals: Yes

		New patient wait time: 1-3 months
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York County

Practice	Contact	Additional Information
<u>Children's Dentistry of Maine</u>	3 Eastview Parkway #2 Saco, ME Tuesday-Thursday 8:00am - 4:30pm Friday 8:00 AM -4:00 PM (207) 815-2050	
<u>Children's Dentistry of Sanford</u>	955 Main St., Sanford ME Tuesday-Thursday: 8:00am-5:00pm (207) 324-0026	
<u>York County Pediatric Dentistry</u>	1750 Post Road, Wells, ME Monday, Wednesday, Thursday: 8:30am-5:00pm Tuesday: 8:30am-4:00pm (207) 985-2800	Updated: 11/13/2023 Accepting new patients: Yes Accepting MaineCare patients: Yes, see comments New patient wait time: 1-3 months Comments: Accepting MaineCare referrals from primary care providers only.
<u>Community Dental</u>	57 Barra Road, Suite 3 Biddeford, ME Mon-Fri: 8:00am-4:30pm (207) 282-1305	

<p><u>Nasson Health Care</u></p>	<p>15 Oak St., Springvale, ME</p> <p>Monday & Wednesday: 8:00am-6:00pm</p> <p>Tuesday: 8:00am-7:00pm</p> <p>Thursday: 9:00am-6:00pm</p> <p>Friday: 8:00am-5:00pm</p> <p>(207) 490-6900</p>	
<p><u>Hygiene Health</u></p> <p>Susanne Kuehl, RDH, IPDH</p>	<p>90 Haley Rd., Kittery, ME</p> <p>(207) 752-2968</p>	
<p><u>Your Mobile Home Dental Hygienist</u></p> <p>Lynn Peters, RDH, IPDH</p>	<p>245 Hubbard Rd., Berwick, ME</p> <p>(207) 698-4615</p>	
<p><u>Village Smiles, LLC</u></p>	<p>26 Main St., Limerick, ME</p> <p>Tuesday-Friday: 7:00am-4:00pm</p> <p>Saturday: 8:00am-12:00pm</p> <p>(207) 793-8881</p>	

Other Programs

Lewiston:

UMA Dental Hygiene Program Lewiston Center, 207-753-6600

Updated: 11/12/2023

FREE SERVICES UNTIL FEB 14, 2024

Who is eligible: Qualifying children and teens ages 0-19

Services offered: Dental cleanings, fluoride application, x-rays, dental sealants, dietary assessments, cavity risk assessments.

Appointments are schedule for 3 hours as this is a leaning institution and limited slots are available.

Transportation: There is a city link bus stop located at the UMA Center.