



Fluoride 4 by 4

4 fluoride varnishes by 4 years reduces tooth decay^{1, 2}

Periodicity Schedule & Alternatives for Pediatric Preventive Oral Health in Primary Care

Schedule is based on the eruption of the first tooth and MaineCare reimbursement limitations.

MaineCare covers reimbursement to medical providers at \$20 twice per calendar year for an Oral Evaluation (D0145) for patients under 3 years of age.

MaineCare covers reimbursement to medical providers at \$12 for fluoride varnish (D1206) on the following schedules:

- (a) Twice per calendar year for children under age 3 years
- (b) Twice per calendar year with at least 150 days between applications for children ages 3 and over.

Periodicity Schedule: Preventive Oral Health in Primary Care											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment	●	●	●		●	●	●	●	●	●	●
Fluoride Varnish	●		●		●	●	●	●	●	●	
Fluoride Supplementation	●	●	●	●	●	●	●	●	●	●	●

Alternative 1: First Tooth Eruption at 9 Months											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment		●	●	●		●	●	●	●	●	●
Fluoride Varnish		●		●		●	●	●	●	●	
Fluoride Supplementation		●	●	●	●	●	●	●	●	●	●

Alternative 2: First Tooth Eruption at 15 Months											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment				●	●	●		●	●	●	●
Fluoride Varnish				●		●	●	●	●	●	
Fluoride Supplementation				●	●	●	●	●	●	●	●

¹ Pahel BT, Rozier RG, Stearns SC, Quinonez RB Effectiveness of Preventive Dental Treatment by Physicians for Young Medicaid Enrollees. *Pediatrics*, 2011;127(3):e682-9

² Weintraub JA, Ramos-Gomez F, Jue B, et al. Fluoride varnish efficacy in preventing early childhood caries. *J Dent Res*. 2006;85(2)172-176

Billing and Coding Information for Fluoride Varnish Application & Oral Evaluation by Medical Providers

Fluoride Varnish Application

MaineCare

Billing code: **D1206**

- Child must be assessed at **moderate/ high risk** to be reimbursed for fluoride varnish application. Moderate/high risk is defined with one of the following risk factors: child has not seen a dentist in the past year, does not brush his/her teeth daily with toothpaste, cavities or fillings, mother/primary caregiver has active/untreated cavities in the past year. Child has visible plaque on the teeth, signs of visible decay or white spots on the teeth or other conditions of concern (abscess, broken tooth, pain)
- MaineCare covers reimbursement to medical providers at \$12 for fluoride varnish (D1206) on the following schedules: (a) Twice per calendar year for children under age 3 years; and (b) twice per calendar year with at least 150 days between applications for children ages 3 and over
- Federally Qualified Health Centers, Rural Health Centers, and Indian Health Services are to use these codes for encounter purposes; reimbursement for the visit will continue to be paid at the core rate for the practice

Private Medical Insurers

- Private insurers have to cover all level A and B recommendations of the US Preventive Service Task Force (UPPSTF)
- Fluoride varnish by medical providers for children ages 6 months through 5 years (to the 6th birthday) is a Level B recommendation
- Use CPT 99188 with a modifier 33 for billing private insurers (this is a medical code)
- If the provider is out of network the claim could be denied

Oral Evaluation

MaineCare

- Billing code: **D0145**
- MaineCare will reimburse at a rate of \$20.00 every 6 months for **children under 3 years of age**
- The provider is **required to ask if the child has a dental home**. If the child has a dental home, the provider should not submit a claim to MaineCare for the oral evaluation
- Federally Qualified Health Centers, Rural Health Centers, and Indian Health Services are to use these codes for encounter purposes; reimbursement for the visit will continue to be paid at the core rate for the practice

**Currently there are no commercial insurers that reimburse for oral evaluation*

