



Fluoride 4 by 4



4 fluoride varnishes by 4 years reduces tooth decay^{1, 2}

Periodicity Schedule & Alternatives for Pediatric Preventive Oral Health in Primary Care

Schedule is based on the eruption of the first tooth and MaineCare reimbursement limitations.

MaineCare covers reimbursement to medical providers at \$20 twice per calendar year for an Oral Evaluation (D0145) for patients under 3 years of age.

MaineCare covers reimbursement to medical providers at \$12 for fluoride varnish (D1206) on the following schedules:

- (a) Twice per calendar year for children under age 3 years
- (b) Twice per calendar year with at least 150 days between applications for children ages 3 and over.

Periodicity Schedule: Preventive Oral Health in Primary Care											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment	●	●	●		●	●	●	●	●	●	●
Fluoride Varnish	●		●	●	●	●	●	●	●	●	●
Fluoride Supplementation	●	●	●		●	●	●	●	●	●	●

Alternative 1: First Tooth Eruption at 9 Months											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment		●	●	●		●	●	●	●	●	●
Fluoride Varnish		●		●	●	●	●	●	●	●	●
Fluoride Supplementation		●	●			●	●	●	●	●	●

Alternative 2: First Tooth Eruption at 15 Months											
	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	3 Years	4 Years	5 Years	6 Years
Parent/Caregiver Oral Health Education	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment				●	●	●		●	●	●	●
Fluoride Varnish				●		●	●	●	●	●	●
Fluoride Supplementation				●	●	●		●	●	●	●

¹ Pahel BT, Rozier RG, Stearns SC, Quinonez RB Effectiveness of Preventive Dental Treatment by Physicians for Young Medicaid Enrollees. *Pediatrics* , 2011;127(3):e682-9

² Weintraub JA, Ramos-Gomez F, Jue B, et al. Fluoride varnish efficacy in preventing early childhood caries. *J Dent Res* . 2006;85(2)172-176