PROTECT THE LITTLE SMILES YOU LOVE.

Ask you child's doctor about a simple fluoride application at the next office visit.

FOUR SIMPLE TIPS FOR HEALTHY TEETH:

1. Protect your child's teeth with fluoride.
2. Check and clean your child's teeth often.
3. Feed your child only healthy food and no sugary drinks.
4. Have your child's teeth checked by a doctor or dentist by age 1.

FROM THE FIRST TOOTH

For more information visit www.FromTheFirstTooth.org

MaineHealth