Perinatal Oral Health Assessment
To be administered during the initial appointment

ADVISE PREGNANT WOMEN ABOUT ORAL HEALTH CARE

1. Encourage daily oral hygiene, healthy foods and prenatal classes.
2. Recommend appointment of dental care.
3. Reassure that oral health care is safe. Including dental cleanings, x-rays, pain medication as necessary and local anesthesia.

DENTAL INSURANCE

- MaineCare < 21 years old
- MaineCare > 21 years old
- Private Dental Insurance
- No Dental Insurance/Self-Pay

ORAL HEALTH QUESTIONS

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>Occasional</th>
<th>Constant</th>
<th>&lt; 6 months</th>
<th>&gt; 6 months</th>
<th>Do not know</th>
<th>Never</th>
<th>Refused</th>
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<td>How long has it been since you visited the dentist?</td>
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<td>Do you have pain in your mouth or problems with eating or chewing foods?</td>
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<td>Do you have bleeding when brushing teeth?</td>
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<td>Untreated tooth decay?</td>
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<td>Swollen or bleeding gums, mucosal lesions or suspicious lesions?</td>
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<td>Sign of an infection (e.g. draining fistula)?</td>
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Routine Preventive Care
If all responses are checked, refer patient for next regular check up

Early Dental Care
If one or more boxes checked, refer patient within several weeks

Immediate Dental Care
If one box is checked, refer patient to dentist within 24 hours

Photo credit: Beth McKinney from the Montgomery County Health Department in Maryland.

HEALTHY TEETH
Photo credit: Beth McKinney from the Montgomery County Health Department in Maryland.

TOOTH EROSION**
PERIODONTITIS*
PREGNANCY GINGIVITIS*
DENTAL CARIES***
TOOTH DECAY/DENTAL CARIES

Demineralization and loss of substance of the hard tissues of the teeth, leading to continued destruction of enamel and dentin, and cavitation of the tooth.

VISUAL INDICATORS OF CARIES INCLUDE:
- White spots on clean, dry, teeth
- Yellow tinge due to erosion of enamel and exposure of underlying dentin
- Black/brown areas, especially along pits and grooves
- Yellow/orange/tan/light brown appearance of roots

DENTAL ABSCESS

Localized accumulation of purulent material in oral tissues, typically originating from a bacterial infection in the soft pulp of tooth. Abscesses can affect the root of the tooth or the gums.

SIGNS INCLUDE:
- Severe, persistent, throbbing toothache
- Sensitivity to hot and cold temperatures
- Sensitivity when chewing or biting
- Fever
- Swelling of face or cheek
- Redness or swelling of gums
- Swelling of lymph nodes
- Bitter taste in mouth
- Foul smell
- Erythematous nodule on gums
- Open, draining lesion or sinus on gum

VISUAL EXAMINATION

 ABSCESS
 GRANULOMA
 PREGNANCY GINGIVITIS
 DENTAL CARIES


For more information visit www.beforethefirsttooth.org