

BEFORE THE FIRST TOOTH



HEALTHY SMILES FOR YOU & YOUR BABY

What is Before the First Tooth?

The goal of Before the First Tooth is to improve the oral health of Maine's pregnant women and infants through education, outreach, and better access to dental services.

BTFT works with prenatal and primary care providers, dentists and community organizations such as Maine Families, WIC, and Head Start to spread the message about the importance of good oral health. The initiative also helps pregnant women and new mothers find care options that work for them.

Before the First Tooth is a four year grant funded by the Health Resources and Services Administration's (HRSA) Maternal and Child Health Bureau, a division of the U.S. Department of Health and Human Services.

Oral health is an important part of overall health at every stage of life.

Women and children face many challenges accessing dental care in Maine. Before the First Tooth will help pregnant women and infants achieve better oral health by:

- Increasing the number of medical doctors that give oral health care at appointments
- Increasing the number of dentists who will see pregnant women and infants
- Teaching pregnant women and parents of young children the importance of caring for their mouth and teeth
- Building partnerships between community organizations, medical doctors, and dentists

Before the First Tooth is led and administered by MaineHealth, in partnership with EMHS and MaineGeneral Health.



**QUESTIONS? CONTACT FROM THE FIRST TOOTH:
207.662.6296 OR VISIT FROMTHEFIRSTTOOTH.ORG**

MaineHealth