Months 1-11: Ongoing distribution

Continue offering kits and using Spruce resources during well-child visits. FTFT sends supply reminders every six months.

Month 12: Annual Evaluation

Complete the required annual evaluation if your site is receiving funded support.

Years 2-3: Repeat the cycle

Continue kit distribution and the annual evaluation process for each additional year of funded participation.

Integrating Spruce into the Clinical Workflow

Continue routine oral health activities during well-child visits, including the oral health risk assessment, provider evaluation, and fluoride varnish application. The oral health risk assessment is also an opportunity to ask families about their access to dental supplies. The following question can help introduce Spruce:

"Our office offers free dental supplies for families. The kit includes a toothbrush, toothpaste, and floss that are typically given out at a dental office. Would you like a family dental kit with your visit today?"

If the family is interested, ask how many additional toothbrushes they need and the ages of those family members.

Additional Toothbrushes

Each initial order of kits will include extra toothbrushes for other family members. These are packaged separately from the base kit and may require some assembly by your care team. Please refer to the chart below for toothbrush types and recommended age ranges.

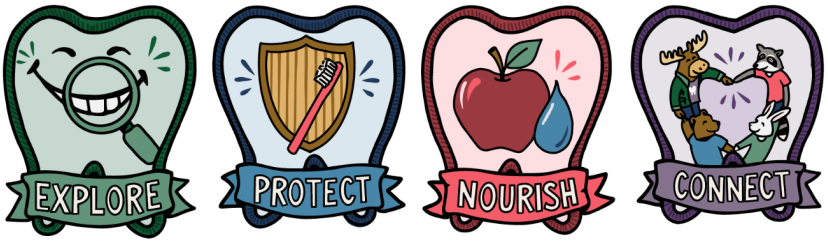
Finger B Toothbrush (Transitional Toothbrush)	Children's Toothbrush	Adult Toothbrush
		
Appropriate for ages 0-4	Appropriate for ages 4-12	Appropriate for ages 12+

Note: Age ranges are approximate and should be guided by each patient's dental development.

Spruce Oral Health Education

Spruce also offers resources to help continue the conversation beyond the kit itself. The Spruce website offers family-friendly oral health information, a dental access map, and translated resources. The QR code on the kit's educational bifold will help families find these resources in their preferred language.

Spruce theme badges can also be used as simple visual prompts during visits or when sharing resources with families. Use the badge that best matches the topic you are discussing to reinforce the conversation and help families connect the message with a practical oral health action or resource.



EXPLORE	PROTECT	NOURISH	CONNECT
Help families learn about their child's oral health and what to expect as their child grows. Use the well-child visit to talk about oral health, answer questions, and share Spruce resources.	Reinforce preventive care, including brushing with fluoridated toothpaste, accessing fluoride through drinking water, using fluoride supplements when appropriate, and protecting teeth with fluoride varnish.	Talk about everyday food and drink choices that support healthy teeth and overall health.	Help families connect with dental care and other oral health resources, including referrals when appropriate.

These themes are intended to be a flexible framework for incorporating oral health into routine visits particularly for young children, and do not represent additional program requirements.

Dental Steps Posters

To support this workflow, Dental Steps posters are sent to each practice at the start of the program. The poster contains a QR code that links to an oral health video series with short videos for each well-child visit from 2 months through age 5. Each video delivers one key piece of oral health information in a simple, family-friendly format to help close the oral health literacy gap. The best way to play the videos depends on what works for your practice. We recommend encouraging parents and caregivers to watch videos during the well-child visit between the MA rooming the patient and the provider entering the room.

